



Workplace Mental Health Best Resources To Get Started Today!

Robert Manolson has successfully completed The Canadian Mental Health Association Psychological Health and Safety Advisor Training.

- **Are YOU a Mental Health Champion?**
- **Do YOU believe that Mental Health & Safety is just as important as Physical Health & Safety in the workplace?**
- **Need to be up to speed on the best resources available to kickstart workplace mental health conversations and strategies?**

Get started today with this fun & engaging workshop presentation.

Walk away with plenty of first rate information. Become aware of the best resources available to begin a conversation at work about mental health.

Learn about The National Standard of Canada for Psychological Health and Safety in the Workplace; the first of it's kind in the world.

Then, go back to work. And start conversations that influences everyone to take action on positive workplace mental health in your organization.

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